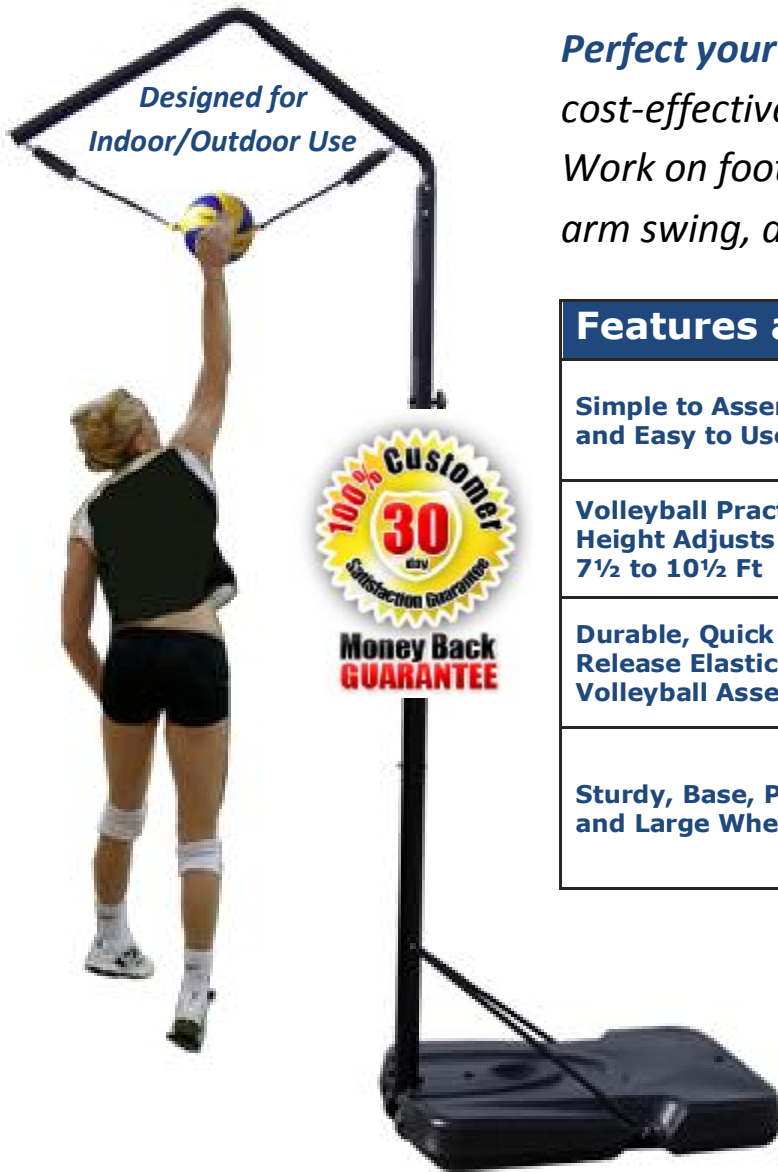




# Volleyball Spike Trainer

Model #  
**VST-100**

*For Individuals, Volleyball Clubs and High Schools*



*Perfect your Volleyball Hitting Technique using this cost-effective and durable Volleyball Spike Trainer. Work on footwork, hitting approach, vertical jump, arm swing, and ball contact.*

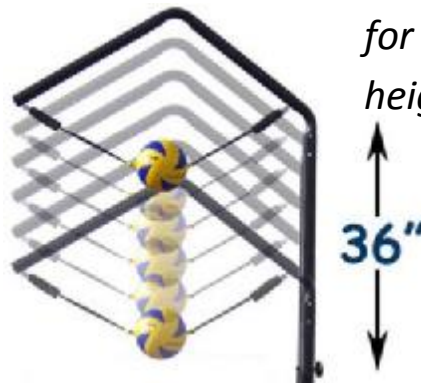
## Features and Benefits

<b>Simple to Assemble and Easy to Use</b>	Designed like a portable basketball system, the <b>Volleyball Spike Trainer</b> can be assembled quickly and with minimal tools
<b>Volleyball Practice Height Adjusts from 7 1/2 to 10 1/2 Ft</b>	Designed to simulate junior, women's and men's net heights. <b>Easily adjusts between 7 1/2 Ft and 10 1/2 ft</b> in 6 inch increments
<b>Durable, Quick Release Elastic Volleyball Assembly</b>	Dual-band elastic ball assembly provides the perfect set every time for realistic hitting practice. <b>Quick-release removable Volleyball assembly</b> allows for safe storage or replacement
<b>Sturdy, Base, Pole and Large Wheels</b>	Can be secured with weight, sand, or water for stability. When finished with your workout, quickly move the <b>Volleyball Spike trainer</b> to equipment storage room or safe, out of the way location at home

*3 Year Warranty (1 Year on Volleyball Assembly)*

*Sturdy Base can be secured using weight, sand or water*

*Provides the Perfect Set and an optimum platform for practicing Volleyball footwork, vertical jump and hits from any spot on the court*



*Simple Height Adjustment for players of different heights and skill levels*

**Club Volleyball Gear**

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[www.VolleyballSpikeTrainer.com](http://www.VolleyballSpikeTrainer.com)