Volleyball Spike Trainer

For Individuals, Volleyball Clubs and High Schools

Perfect your Volleyball Hitting Technique using this cost-effective and durable Volleyball Spike Trainer. Work on footwork, hitting approach, vertical jump, arm swing, and ball contact.

Features and Benefits

<table>
<thead>
<tr>
<th>Feature</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Simple to Assemble and Easy to Use</td>
<td>Designed like a portable basketball system, the Volleyball Spike Trainer can be assembled quickly and with minimal tools</td>
</tr>
<tr>
<td>Volleyball Practice Height Adjusts from 7½ to 10½ Ft</td>
<td>Designed to simulate junior, women’s and men’s net heights. Easily adjusts between 7 1/2 Ft and 10 1/2 ft in 6 inch increments</td>
</tr>
<tr>
<td>Durable, Quick Release Elastic Volleyball Assembly</td>
<td>Dual-band elastic ball assembly provides the perfect set every time for realistic hitting practice. Quick-release removable Volleyball assembly allows for safe storage or replacement</td>
</tr>
<tr>
<td>Sturdy, Base, Pole and Large Wheels</td>
<td>Can be secured with weight, sand, or water for stability. When finished with your workout, quickly move the Volleyball Spike trainer to equipment storage room or safe, out of the way location at home</td>
</tr>
</tbody>
</table>

3 Year Warranty (1 Year on Volleyball Assembly)

Sturdy Base can be secured using weight, sand or water

Simple Height Adjustment for players of different heights and skill levels

Provides the Perfect Set and an optimum platform for practicing Volleyball footwork, vertical jump and hits from any spot on the court

Model #

VST-100

Club Volleyball Gear

18434 Technology Drive
Morgan Hill, CA 95037
(888) 737-8306

www.VolleyballSpikeTrainer.com